

Food and drink near the Conference Hotel (SACRPH 2013)

The Yonge and College area is home to a large number of restaurants and bars. Here are a few recommended by the Local Arrangements Committee and their friends.

7 West (7 Charles St W): Open 24 hours, casual and comfortable, with respectable food and wine.

Bar Volo (587 Yonge St): Save for a few nibbles, this is a place to drink very impressive beer.

Caplansky's Delicatessen (356 College St): Smoked meat sandwiches.

Chipotle (323 Yonge St): The familiar fast-food burrito-and-taco chain.

Elephant and Castle (378 Yonge St): Straightforward pub close to the conference hotel.

Guu Izakaya (398 Church St): Wildly popular izakaya (Japanese pub) institution.

Hair of the Dog (425 Church St): Comfortable bar/restaurant in the heart of "The Village".

Lee Garden (331 Spadina Ave): A Chinatown landmark.

Mercatto (101 College St): Italian food next to the intriguing MaRS Discovery District buildings.

Mother's Dumplings (421 Spadina Ave, near College): "The best Chinese dumpling restaurant in Toronto."

Okonomi House (23 Charles St W): Specializes in okonomiyaki (Japanese savoury pancakes).

Omi Sushi (243 Carlton St): Decent sushi at Carlton (College St. E) and Parliament.

Papaya (545 Yonge St): Much-praised affordable Thai restaurant known for its lunch specials.

Raijin Ramen (3 Gerrard St): Arguably the best of a batch of recent ramen restaurants in Toronto.

Queen and Beaver (35 Elm St): Excellent, slightly pricey classic English pub, with very good food.

Salad King (340 Yonge St, second floor): Affordable, tasty Thai food.

Stout Irish Pub (221 Carlton St): Relaxed Cabbagetown pub with a decent menu.

Utsav (69 Yorkville Ave): Highly regarded, affordable Indian food in Yorkville, just north of the University.

Vegetarian Haven (17 Baldwin St): Well-loved Asian-inspired vegetarian restaurant, on a street of restaurants.

W Burger Bar (10 College St): The name speaks for itself.

On the far side of the University of Toronto, on Harbord Street just west of Spadina, there are many excellent restaurants, best accessed by the streetcar heading west from Yonge and College. The same streetcar will take you to the legendary Kensington Market, southwest of College and Spadina, and a haven for food lovers.